

Online Resources

<https://bcacha.org/wp-content/uploads/2018/08/Boise-Self-Rescue-Manual.pdf>

<https://www.capnd.org/resources-in-nd/wheretogoforhelpinnd.html>

https://www.findhelp.org/search_results/58505

Suicide Prevention Resource Center for information <https://www.sprc.org/states/north-dakota>

[Affordable Care Act in North Dakota \(capnd.org\)](#)

[North Dakota, Eldercare, Disability, Long Term Care Information - North Dakota Aging and Disability Resource-LINK \(assistguide.net\)](#)

[Home | DHS - Behavioral Health Division \(nd.gov\)](#)

<https://www.behavioralhealth.nd.gov/about-us/mental-health/resources>

<https://startyourrecovery.org/>

? resources for Pet care for when a person isn't able to care for their pet while sick or otherwise